


Verb Tenses:

Present Continuous

The present continuous verb tense, sometimes called the present progressive, is the present participle form of a verb used with the present tense form of *to be*.

Present tense: I *dance*.

Present continuous tense: I *am dancing*.

The present continuous tense is used for showing an action that is happening at the moment or in the present. It sometimes shows action happening in the near future.

Example 1: He *is watching* the game with his friends.

Example 2: She *is taking* the test on Tuesday.

Part I: Circle the present continuous verb tense in each of the following sentences.

1. I am going to the movies with Jean.
2. The city council is holding a meeting to discuss stoplights.
3. While we are waiting, let's sing a song!
4. Since school is over, they are planning the activities for next year.
5. The baby is having a tantrum because he wants a cookie.

Part II: Fill in the blank with the present continuous form of the verb in parentheses.

1. Kelly _____ (bake) a cake for Mrs. Watson's birthday.
2. We can go outside while my sister _____ (sleep).
3. The team _____ (practice) today until five o'clock.
4. The children _____ (swim) in the shallow end of the pool.
5. The birds _____ (fly) south for the winter.

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1. I **am going** to the movies with Jean.
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4. Since school is over, they **are planning** the activities for next year.
5. The baby **is having** a tantrum because he wants a cookie.

Part II: Fill in the blank with the present continuous form of the verb in parentheses.

1. Kelly _____ **is baking** _____ (bake) a cake for Mrs. Watson's birthday.
2. We can go outside while my sister _____ **is sleeping** _____ (sleep).
3. The team _____ **is practicing** _____ (practice) today until five o'clock.
4. The children _____ **are swimming** _____ (swim) in the shallow end of the pool.
5. The birds _____ **are flying** _____ (fly) south for the winter.